**It’s great to be able to get back on court and play badminton again but we all need to follow a few guidelines to maintain our safety**

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| **BEFORE attending LDBC** |
| You will be required to complete a COVID questionnaire prior to attending  (this will be sent to everyone via email) |
| You must use your own racket and only bring necessary belongings with you into the hall. There will be no equipment available to loan, apart from shuttles |
| You will need to arrive dressed ready to play as no changing facilities will be open |
| You must arrive EXACTLY on time as there will be NO waiting area  Please maintain social distancing when arriving |
| **ARRIVAL at LDBC** |
| If you, or any member of your household are showing symptoms of COVID-19, please **DO NOT** attend the club - if you attempt to, you will be refused entry |
| Face coverings must be worn at all times within the building and  when not playing on court, including the toilets |
| You will find a desk before entry to the hall where you will register, pay (exact money only please) and have your temperature taken. You will also be asked a series of health questions |
| All carers/parents will be asked to remain on the viewing balcony  (unless there are exceptional circumstances) |
| Please sanitise your hands every time you enter or leave the sports hall |
| Everyone must observe social distancing at all times,  in all areas of the sports hall and centre.  Please stay 2 metres away from all players and coaches (including your friends) |
| Please follow the arrows upon entry to the hall to your assigned court  and sitting area - you must NOT enter any other court space. |

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| **DURING LDBC playing time** |
| When not playing please sit on the bench at your designated spot beside your belongings and at least 2 metres away from anyone else |
| You can share shuttles but only between the people who are on your court  But try to avoid touching your face |
| You must sanitise your hands before and after each game |
| If you feel unwell at any time, please notify a coach  or the COVID officer immediately |
| **LEAVING after the session** |
| Please sanitise yours hands when you leave the sports hall  and maintain social distancing at all times |
| You must leave the hall promptly to avoid any crossover between playing groups |

